

Mains: Black Bean Taco (V) Mains: Egg Fried Rice Mains: Turkey Bolognese Mains: Jerk Chicken Mains: BBQ Chicken Penne w/ Ragu & Mozzarella Dinner Rolls Rice & Peas Sides: Pico de Gallo Sides: Roasted Broccoli BBQ Tofu (VG) Jerk Tofu (VG) **(V)** Roasted Corn & Red Peppers Ginger Carrots Sides: Steamed Corn Sides: Steamed Cabbage Sides: Sauteed Green Beans Honeydew Grapes 1% Low-fat Milk 1% Low-fat Milk Red Kidney Beans Roasted Cherry Tomatoes Garden Salad Skim Milk Cut Orange Wedges Skim Milk Cut Orange Wedges Pineapple 1% Low-fat Milk 1% Low-fat Milk 1% Low-fat Milk Milk, Soy Plain Milk, Soy Plain Skim Milk Skim Milk Skim Milk Sour Cream Milk, Soy Plain Milk, Soy Plain Milk, Soy Plain Friday Dec 12 Monday Dec 9 Wednesday Dec 8 Tuesday Dec 10 Thursday Dec 11 Mains: Turkey & Cheese Mains: Chicken w/ Mambo Mains: Suya Chicken Mains: Baked Macaroni & Mains: Cheese Pizza w/ Jollof Rice Burrito Mozzarella Cheese Sauce Bean & Cheese Burrito (V) Vegetable Fried Rice Vegan Cheese Pasta (VG) Suya Chicken (VG) Sides: Roasted Zucchini Tofu w/ Mambo Sauce (VG) Sides: Black Eyed Peas Sides: Sweet Potatoes Sides: Roasted Broccoli w/ Roasted Corn Roasted Peppers & Onions Sides: Green Peas Roasted Red Peppers Pineapple Collard Greens Glazed Candied Yams 1% Low-fat Milk Steamed Corn Apples Apples Skim Milk 1% Low-fat Milk 1% Low-fat Milk Honeydew Grapes Skim Milk Milk, Soy Plain 1% Low-fat Milk 1% Low-fat Milk Skim Milk Milk, Soy Plain Skim Milk Milk, Soy Plain Skim Milk Milk, Soy Plain Milk, Soy Plain Dec 16 Dec 19 Monday Wednesday Dec 18 Friday Dec 15 Dec 17 Thursday Tuesday Mains: Chicken Adobo Mains: Pesto Pasta w/ Mains: Turkey Meatloaf Mains: Berbere Chicken Mains: Buffalo Chicken Wrap Bean & Cheese Burrito (V) Mozzarella Cheese (V) Dinner Rolls WG Injera **Brown Rice** Berbere Tofu (VG) Baked Tofu (VG) Tofu Loaf w/ Brown Gravy Sides: Carrot Stick Sides: Garlic Spinach (VG) Sides: Roasted Cauliflower w/ Sides: Collard Greens Celery Sticks **Cherry Tomatoes** Sides: Mashed Potatoes Whole Pear Cherry Tomatoes Honeydew Carrots 1% Low-fat Milk 1% Low-fat Milk Roasted Broccoli Green Peas Cantaloupe Pineapple 1% Low-fat Milk Skim Milk Skim Milk Apples Milk, Soy Plain Skim Milk 1% Low-fat Milk Milk, Soy Plain 1% Low-fat Milk Skim Milk Milk, Soy Plain Skim Milk Milk, Soy Plain Milk, Soy Plain Last day of (New) Union Kitchen K-8

Wednesday

Dec 3

Thursday

Friday

Dec 5

Dec 4

Dec 2

Monday

Dec 1

Tuesday