



MARCH SOCIAL JUSTICE

Breakfast Menu

Menu is subject to change
*Item prepared with locally sourced ingredient

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Red Rabbit O's WW Mini Bagel Green Apples 1% & Fat-Free Milk	4 Homemade Granola w/ Golden Raisins Red Rabbit O's Grapes 1% & Fat-Free Milk	5 WW Mini Bagel w/ Assorted Jelly Red Rabbit O's Red Apples 1% & Fat-Free Milk	6 Breakfast Trail Mix Red Rabbit O's Oranges 1% & Fat-Free Milk	7 Baked French Toast w/ Blueberry Compote Red Rabbit O's Grapes 1% & Fat-Free Milk
10 Red Rabbit O's WW Mini Bagel Red Apples 1% & Fat-Free Milk	11 WW Mini Bagel w/ Cream Cheese Red Rabbit O's Oranges 1% & Fat-Free Milk	12 Chocolate Chip Bread Red Rabbit O's Bananas 1% & Fat-Free Milk	13 Strawberry Yogurt & Granola Red Rabbit O's Green Apples 1% & Fat-Free Milk	14 3 Cheese Fritata w/ English Muffin Red Rabbit O's Pineapple 1% & Fat-Free Milk
17 Red Rabbit O's WW Mini Bagel Golden Apples 1% & Fat-Free Milk	18 WW Mini Bagel w/ Butter & Jelly Red Rabbit O's Pineapple 1% & Fat-Free Milk	19 Maple Yogurt w/ Homemade Granola Red Rabbit O's Watermelon 1% & Fat-Free Milk	20	21
24 Red Rabbit O's WW Mini Bagel Green Apples 1% & Fat-Free Milk	25 WW Mini Bagel w/ Cream Cheese Red Rabbit O's Oranges 1% & Fat-Free Milk	26 Double Chocolate Bread Red Rabbit O's Red Apples 1% & Fat-Free Milk	27 Mixed Berry Yogurt w/ Granola Bran Crunch Red Rabbit O's Grapes 1% & Fat-Free Milk	28 Hot Oatmeal w/ Blueberries & Honey Red Rabbit O's Bananas 1% & Fat-Free Milk
31 Red Rabbit O's WW Mini Bagel Red Apples 1% & Fat-Free Milk				



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Lunch Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 Red Beans & Dirty Rice</p> <p>Sauteed Spinach* Roasted Honey Carrots</p> <p>Bananas 1% & Fat-Free Milk</p>	<p>4 Chopped Cheese w/ Beef WW Roll</p> <p>Potato Wedges Roasted Red Peppers* & Corn</p> <p>Cantaloupe 1% & Fat-Free Milk</p>	<p>5 Jerk Chicken* Seasoned Brown Rice</p> <p>Pigeon Peas Sweet Potatoes</p> <p>Apples 1% & Fat-Free Milk</p>	<p>6 Rasta Pasta w/ Mozzarella Cheese</p> <p>Sauteed Green Cabbage* Braised Cauliflower</p> <p>Honeydew 1% & Fat-Free Milk</p>	<p>7 Chimichurri Chicken Wrap* Chimichurri Hummus Wrap (V) WW Wrap</p> <p>Mixed Greens Tomatoes & Cucumber Salad</p> <p>Pears 1% & Fat-Free Milk</p>
<p>10 Sicilian Spaghetti Pie WW Spaghehthi & Mozzarella Crostino</p> <p>Garlic Broccolini Eggplant, Tomatoes*, Olives</p> <p>Grapes 1% & Fat-Free Milk</p>	<p>11 Carne Molida con Chipotle WG Cilantro Rice</p> <p>Elote w/ Cotija, Lime, Cilantro) Peppers & Onions*</p> <p>Pineapple 1% & Fat-Free Milk</p>	<p>12 Chicken Fried Rice Seasoned Brown Rice Lentils (V)</p> <p>Edamame Roasted Broccoli, Cauliflower, Onions*</p> <p>Apples 1% & Fat-Free Milk</p>	<p>13 Three Bean Chili Homemade Cornbread*</p> <p>Roasted Potatoes Roasted Zucchini & Yellow Squash</p> <p>Cantaloupe 1% & Fat-Free Milk</p>	<p>14 Chicken Club Sandwich* WG Hamburger Bun Veggie Burger*</p> <p>Potato Salad Lettuce & Tomatoes</p> <p>Grapes 1% & Fat-Free Milk</p>
<p>17 Macaroni & Cheese Cheddar Cheese</p> <p>Roasted Brussels Sprouts Stewed Tomatoes w/ Celery, Peppers, Onions*</p> <p>Bananas 1% & Fat-Free Milk</p>	<p>18 Beef Meatloaf w/ Shallot* Gravy WG Brown Rice Lentil Loaf</p> <p>Sauteed Green Beans Roasted Carrots</p> <p>Honeydew 1% & Fat-Free Milk</p>	<p>19 WW Flatbread Pizza Mozzarella Cheese</p> <p>Sweet Potato Wedges Roasted Zucchini & Shallots* Apples 1% & Fat-Free Milk</p>	<p>20</p>	<p>21</p>
<p>24 White Beans w/ Shallots, Spinach*, Sundried Tomatoes Risotto Style Brown Rice</p> <p>Roasted Broccoli Sun Dried Tomatoes</p> <p>Grapes 1% & Fat-Free Milk</p>	<p>25 Honey Old Bay Chicken* WW Dinner Rolls</p> <p>Mashed Potatoes Braised Kale</p> <p>Cantaloupe 1% & Fat-Free Milk</p>	<p>26 Country Grits Bowl w/ Cheese & Red Eye Gravy WW Toast w/ Butter & Jelly</p> <p>Country Style Home Fries Peppers & Onions*</p> <p>Pineapple 1% & Fat-Free Milk</p>	<p>27 Chicken* Fajita Bowl Red Rice</p> <p>Black Beans Peppers & Onions</p> <p>Bananas 1% & Fat-Free Milk</p>	<p>28 Beef Bolognese WG Spaghehthi</p> <p>Sauteed Spinach* Sauteed Mushrooms</p> <p>Honeydew 1% & Fat-Free Milk</p>
<p>31 Penne Alla Rosa Ricotta, Parmesan, Mozzarella Cheese</p> <p>Roasted Zucchini Roasted Red Peppers*</p> <p>Bananas 1% & Fat-Free Milk</p>				