Social Justice
(New) Union Kitchen K-8

Mar 01 -> Apr 04

Monday Mar 2	Tuesday Mar 3	Wednesday Mar 4	Thursday Mar 5	Friday Mar 6
Mains: Arroz con Leche Sides: Banana 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: WG Mini Bagel Turkey Sausage Sides: Clementine 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Whole Grain O's Cereal Sides: Cut Orange Wedges 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Zucchini Bread Sides: Apples 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Breakfast Pizza Sides: Banana 1% Low-fat Milk Skim Milk Milk, Soy Plain
Monday Mar 9	**Tuesday Mar 10**	**Today Mar 11**	**Thursday Mar 12**	**Friday Mar 13**
Mains: Chex Cereal Sides: Apples 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Berry Oat Crumble Sides: Cut Orange Wedges 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Toasted English Muffin w/ Butter Sides: Whole Pear 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: WG Mini Bagel Cream Cheese Sides: Banana 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: WG Chocolate Chip Muffins Sides: Pineapple 1% Low-fat Milk Skim Milk Milk, Soy Plain
Monday Mar 16	**Tuesday Mar 17**	**Wednesday Mar 18**	**Thursday Mar 19**	**Friday Mar 20**
Mains: Whole Grain O's Cereal Sides: Apples 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Bagels, mini, whole grain (DC & PA) Sides: Cut Orange Wedges 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Peach-Mango Overnight Oats Sides: Whole Pear 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Sweet Potato Bread Sides: Banana 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Homemade WG Granola w/ Chocolate Chips Sides: Pineapple 1% Low-fat Milk Skim Milk Milk, Soy Plain
Monday Mar 23	**Tuesday Mar 24**	**Wednesday Mar 25**	**Thursday Mar 26**	**Friday Mar 27**
Mains: Cereal, Cornflakes Sides: Apples 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Chocolate Yogurt Parfait w/Spiced Granola Sides: Banana 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Carrot Bread Sides: Clementine 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Bagels, mini, whole grain (DC & PA) w/ Jelly w/ Butter Sides: Apples 1% Low-fat Milk Skim Milk Milk, Soy Plain	No service
Monday Mar 30	**Tuesday Mar 31**			
Mains: Chex Cereal Sides: Banana 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Oatmeal Bars Sides: Clementine 1% Low-fat Milk Skim Milk Milk, Soy Plain			

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Monday Mar 2	Tuesday Mar 3	Wednesday Mar 4	Thursday Mar 5	Friday Mar 6
Mains: Strawberries Graham Crackers	Mains: Hummus Pita Chips	Mains: Baguette Slices WOW Butter	Mains: Cherry Tomatoes Goldfish Crackers	Mains: Crunchy Granola WG Oyster Crackers
Monday Mar 9	**Tuesday Mar 10**	**Today Mar 11**	**Thursday Mar 12**	**Friday Mar 13**
Mains: Strawberries Graham Crackers	Mains: Goldfish Crackers Applesauce	Mains: Cut Orange Wedges Baguette Slices	Mains: Mozzarella Cheese, cubes Cherry Tomatoes	Mains: Banana Crunchy Granola WG
Monday Mar 16	**Tuesday Mar 17**	**Wednesday Mar 18**	**Thursday Mar 19**	**Friday Mar 20**
Mains: WOW Butter Baguette Slices	Mains: Hummus Carrots, Baby	Mains: Strawberries Crunchy Granola WG	Mains: Goldfish Crackers Cherry Tomatoes	Mains: Applesauce Graham Crackers
Monday Mar 23	**Tuesday Mar 24**	**Wednesday Mar 25**	**Thursday Mar 26**	**Friday Mar 27**
Mains: Oyster Crackers Whole Pear	Mains: Cherry Tomatoes Mozzarella Cheese, cubes	Mains: Goldfish Crackers Applesauce	Mains: Cut Orange Wedges Sliced Cucumbers	No service
Monday Mar 30	**Tuesday Mar 31**			
Mains: Strawberries Graham Crackers	Mains: Hummus Pita Chips			

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Monday Mar 2	Tuesday Mar 3	Wednesday Mar 4	Thursday Mar 5	Friday Mar 6
Mains: Beef Chili WG Corn Bread Three Bean Chili Sides: Potato Wedges Roasted Peppers & Onions Honeydew 1% Low-fat Milk Skim Milk Milk, Soy Plain Sour Cream	Mains: Tofu Teriyaki Fried Rice Sides: Roasted Broccoli Honey Roasted Carrots Cantaloupe 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Tuna Pasta Salad Baked Tofu (VG) Mediterranean Pasta Salad Sides: Sliced Cucumbers Carrot Stick Celery Sticks Cut Orange Wedges 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Mojo Chicken Cilantro Rice Baked Tofu (VG) Mediterranean Pasta Salad Sides: Black Beans Garden Salad Pineapple 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Turkey Tetrazini Mushroom Tetrazini Sides: Roasted Cherry Tomatoes Green Peas Honeydew 1% Low-fat Milk Skim Milk Milk, Soy Plain
Monday Mar 9	**Tuesday Mar 10**	**Today Mar 11**	**Thursday Mar 12**	**Friday Mar 13**
Mains: Creamy Alfredo Pasta Garlic Bread Vegetable Spaghetti Sides: Roasted Broccoli Roasted Cherry Tomatoes Apples 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Chicken Quesadilla Chickpea Taco Sides: Roasted Corn Cherry Tomatoes Pineapple 1% Low-fat Milk Skim Milk Milk, Soy Plain Sour Cream	Mains: Roasted Chicken Dinner Rolls Crispy Tofu Sides: Steamed Carrots Sauteed Green Beans Mashed Potatoes Cut Orange Wedges 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Beef Rice Bowl Loaded Black Bean Bowl Sides: Mixed Peppers Cherry Tomatoes Black Beans Honeydew 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Jerk Chicken Rice & Peas Jerk Tofu (VG) Sides: Steamed Cabbage Roasted Peppers & Onions Cantaloupe 1% Low-fat Milk Skim Milk Milk, Soy Plain
Monday Mar 16	**Tuesday Mar 17**	**Wednesday Mar 18**	**Thursday Mar 19**	**Friday Mar 20**
Mains: BBQ Chicken Dinner Rolls BBQ Tofu (VG) Sides: Black Beans Coleslaw Banana 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Picadillo Beef Cilantro Rice Loaded Pinto Bean Bowl Sides: Stewed Pinto Beans Roasted Corn & Red Peppers Cut Orange Wedges 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Honey Old Bay Chicken WG Corn Bread Honey Glaze Tofu Sides: Glazed Candied Yams Steamed Spinach Honeydew 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Creamy Lemon Pasta White Beans Sides: Green Beans Cherry Tomatoes Pineapple 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Chicken Salad WG Croutons Black Bean Salad Sides: Spring Mix Salad Sliced Cucumbers Cherry Tomatoes Cantaloupe 1% Low-fat Milk Skim Milk Milk, Soy Plain
Monday Mar 23	**Tuesday Mar 24**	**Wednesday Mar 25**	**Thursday Mar 26**	**Friday Mar 27**
Mains: Pasta a la Rosa Sides: Green Beans Roasted Peppers & Onions Cut Orange Wedges 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Curry Chicken Seasoned Rice Baked Tofu (VG) Sides: Cabbage w/Carrot Grapes 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Turkey Burger Hamburger Bun Veggie Burger Sides: Potato Wedges Roasted Cherry Tomatoes Roasted Green Peppers Honeydew 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Sweet Chili Chicken Vegetable Lo Mein w/ Eggs Tofu Teriyaki Sides: Sauteed Bok Choy Roasted Peppers & Onions Cantaloupe 1% Low-fat Milk Skim Milk Milk, Soy Plain	No service
Monday Mar 30	**Tuesday Mar 31**			