Social Justice
DC Kitchen

Sep 27 -> Oct 31

Monday Sep 28	Tuesday Sep 29	**Today** Sep 30	Thursday Oct 1	Friday Oct 2
Mains: Chex Cereal Sides: Plums 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: WG Mini Bagel Cream Cheese Sides: Clementine 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Strawberry Chocolate Yogurt Parfait Sides: Banana 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Egg & Cheese Burrito Sides: Apples 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Banana Bread Sides: Grapes 1% Low-fat Milk Skim Milk Milk, Soy Plain
Monday Oct 5	**Tuesday Oct 6**	**Wednesday Oct 7**	**Thursday Oct 8**	**Friday Oct 9**
Mains: Whole Grain O's Cereal Sides: Apples 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Toasted English Muffin w/ Butter w/ Jelly Sides: Orange Skim Milk 1% Low-fat Milk Milk, Soy Plain	Mains: Cinnamon Crumble Bread Sides: Banana 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: WG Mini Bagel Cream Cheese Sides: Apples 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Orange Cranberry Muffin Sides: Orange 1% Low-fat Milk Skim Milk Milk, Soy Plain
Monday Oct 12	**Tuesday Oct 13**	**Wednesday Oct 14**	**Thursday Oct 15**	**Friday Oct 16**
No service	Mains: WG Mini Bagel w/ Butter w/ Jelly Sides: Apples 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: WG Chocolate Chip Muffins Sides: Orange 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Arroz con Leche Sides: Banana 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: WG Pumpkin Bread Sides: Apples 1% Low-fat Milk Skim Milk Milk, Soy Plain
Monday Oct 19	**Tuesday Oct 20**	**Wednesday Oct 21**	**Thursday Oct 22**	**Friday Oct 23**
Mains: Chex Cereal Sides: Orange 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Toasted English Muffin Sides: Banana 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Cinnamon Rolls Sides: Apples 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: WG Mini Bagel Cream Cheese Sides: Orange 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Banana Bread Sides: Banana 1% Low-fat Milk Skim Milk Milk, Soy Plain
Monday Oct 26	**Tuesday Oct 27**	**Wednesday Oct 28**	**Thursday Oct 29**	**Friday Oct 30**
Mains: Whole Grain O's Cereal Sides: Apples 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: WG Mini Bagel w/ Butter Sides: Orange 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: WG Pumpkin Bread Sides: Banana 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Toasted English Muffin w/ Jelly Sides: Apples 1% Low-fat Milk Skim Milk Milk, Soy Plain	No service

This institution is an equal opportunity Provider ↗
Need help with this menu? ↗
© 2026 Red Rabbit Public Portal. All rights reserved

Social Justice
DC Kitchen

Sep 27 -> Oct 31

Monday Sep 28	Tuesday Sep 29	**Today** Sep 30	Thursday Oct 1	Friday Oct 2
Mains: Creamy Alfredo Pasta Pasta w/ Marinara Sauce Sides: Roasted Cherry Tomatoes Sauteed Green Beans Apples Skim Milk 1% Low-fat Milk Milk, Soy Plain	Mains: Chicken w/ Mambo Sauce Fried Rice Tofu w/ Mambo Sauce (VG) Sides: Green Peas Carrot Fries Whole Pear Skim Milk 1% Low-fat Milk Milk, Soy Plain	Mains: Picadillo Beef Yellow Rice Veggie Patties Sides: Sweet Plantains Roasted Potatoes Pineapple Skim Milk 1% Low-fat Milk Milk, Soy Plain	Mains: Turkey Bolognese Veggie Patties Sides: Garlic Spinach Cherry Tomatoes Cantaloupe Skim Milk 1% Low-fat Milk Milk, Soy Plain	Mains: Chicken Tinga Hard Taco Shell Crispy Tofu Sides: Black Beans Corn Salsa Pineapple Skim Milk 1% Low-fat Milk Milk, Soy Plain
Monday Oct 5	**Tuesday** Oct 6	**Wednesday** Oct 7	**Thursday** Oct 8	**Friday** Oct 9
Mains: Cajun Pasta Impossible Pasta Sides: Roasted Broccoli Roasted Cherry Tomatoes Orange 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Chimichurri Chicken Seasoned Rice Crispy Tofu Sides: Stewed Beans Sweet Plantains Pineapple 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Carne Asada Taco Soft Flour Tortilla Vegan Cheese Taco Sides: Corn Salsa Mixed Peppers Cantaloupe Skim Milk 1% Low-fat Milk Milk, Soy Plain	Mains: Smothered Chicken Seasoned Rice Baked Tofu (VG) Sides: Sauteed Cabbage Roasted Peppers & Onions Honeydew Skim Milk 1% Low-fat Milk Milk, Soy Plain	Mains: Turkey Sloppy Joe Dinner Rolls Impossible Meat Sides: Sweet Potatoes Sauteed Green Beans Pineapple Skim Milk 1% Low-fat Milk Milk, Soy Plain
Monday Oct 12	**Tuesday** Oct 13	**Wednesday** Oct 14	**Thursday** Oct 15	**Friday** Oct 16
No service	Mains: Lemon Pepper Chicken Seasoned Rice Lemon Pepper Tofu Sides: Roasted Zucchini Roasted Peppers Orange Skim Milk 1% Low-fat Milk Milk, Soy Plain	Mains: BBQ Meatloaf Dinner Rolls Impossible Meat Sides: Mashed Potatoes Sauteed Green Beans Cantaloupe 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Pollo Guisado Yellow Rice Crispy Tofu Sides: Black Beans Potatoes & Carrots Pineapple 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Cheese Pizza w/ Turkey Pepperoni Vegan Cheese Pizza Sides: Roasted Broccoli Roasted Corn Orange 1% Low-fat Milk Skim Milk Milk, Soy Plain
Monday Oct 19	**Tuesday** Oct 20	**Wednesday** Oct 21	**Thursday** Oct 22	**Friday** Oct 23
Mains: BBQ Chicken Seasoned Rice Crispy Tofu Sides: Corn, on the cob Sauteed Green Beans Orange Skim Milk 1% Low-fat Milk Milk, Soy Plain	Mains: Creamy Alfredo Pasta Sides: Steamed Spinach Roasted Peppers Pineapple 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Curry Chicken Roasted Garlic Naan Baked Tofu (VG) Sides: Roasted Carrots Steamed Cabbage Cantaloupe 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Beef Tacos Seasoned Rice Impossible Meat Sides: Red Beans Fajita Veggies Honeydew 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Turkey Burger Sliders Dinner Rolls Bean Meatballs Sides: Roasted Zucchini Roasted Squash Apples 1% Low-fat Milk Skim Milk Milk, Soy Plain
Monday Oct 26	**Tuesday** Oct 27	**Wednesday** Oct 28	**Thursday** Oct 29	**Friday** Oct 30
Mains: Beef Bolognese Garlic Bread Impossible Pasta Sides: Sauteed Green Beans Roasted Cherry Tomatoes Apples 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Sticky Chicken Seasoned Rice Baked Tofu (VG) Sides: Cream Corn Roasted Peppers & Onions Cantaloupe 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Turkey Tacos Soft Flour Tortilla Cheesy Quesadilla w/ Cheddar Cheese Sides: Bean Salsa Roasted Peppers Pineapple 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Roasted Chicken WG Corn Bread Baked Tofu (VG) Sides: Collard Greens Honey Roasted Carrots Orange 1% Low-fat Milk Skim Milk Milk, Soy Plain	No service

This institution is an equal opportunity Provider ↗
Need help with this menu? ↗
© 2026 Red Rabbit Public Portal. All rights reserved