Social Justice
Girl Global K-8

Jul 05 -> Aug 01

Monday Jul 6	Tuesday Jul 7	Wednesday Jul 8	Thursday Jul 9	Friday Jul 10
Mains: Whole Grain O's Cereal Sides: Apples 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: WG Mini Bagel Cream Cheese Sides: Banana 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Sweet Potato Bread Sides: Plums 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Blueberry Yogurt Parfait Sides: Apples 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Cranberry Scones Sides: Clementine 1% Low-fat Milk Skim Milk Milk, Soy Plain
Monday Jul 13	**Tuesday Jul 14**	**Wednesday Jul 15**	**Thursday Jul 16**	**Friday Jul 17**
Mains: Cereal, Cornflakes Sides: Apples 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Chocolate Yogurt Parfait w/Spiced Granola Sides: Banana 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Carrot Bread Sides: Clementine 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: WG Mini Bagel w/ Butter w/ Jelly Sides: Apples 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Blueberry Bread Sides: Banana 1% Low-fat Milk Skim Milk Milk, Soy Plain
Monday Jul 20	**Tuesday Jul 21**	**Wednesday Jul 22**	**Thursday Jul 23**	**Friday Jul 24**
Mains: Chex Cereal Sides: Apples 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Oatmeal Bars Sides: Whole Pear 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Cranberry Bread Sides: Apples 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: WG Mini Bagel w/ Butter Sides: Banana 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Brown Sugar Cinnamon Bread Sides: Cut Orange Wedges 1% Low-fat Milk Skim Milk Milk, Soy Plain
Monday Jul 27	**Tuesday Jul 28**	**Wednesday Jul 29**	**Thursday Jul 30**	**Friday Jul 31**
Mains: Cereal, Cornflakes Sides: Apples 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: WG Mini Bagel Cream Cheese Sides: Clementine 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Zucchini Bread Sides: Cut Orange Wedges 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: Apple Crumble Sides: Banana 1% Low-fat Milk Skim Milk Milk, Soy Plain	Mains: WG Blueberry Muffins Sides: Apples 1% Low-fat Milk Skim Milk Milk, Soy Plain

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Social Justice
Girl Global K-8

Jul 05 -> Aug 01

Monday Jul 6	Tuesday Jul 7	Wednesday Jul 8	Thursday Jul 9	Friday Jul 10
Mains: Creamy Lemon Pasta White Beans Sides: Green Beans Cherry Tomatoes Watermelon (0.5 cup) Skim Milk 1% Low-fat Milk Milk, Soy Plain	Mains: Picadillo Beef Lime Rice Loaded Pinto Bean Bowl Sides: Stewed Pinto Beans Roasted Corn & Red Peppers Cut Orange Wedges Skim Milk 1% Low-fat Milk Milk, Soy Plain	Mains: Honey Old Bay Chicken WG Corn Bread Honey Old Bay Tofu Sides: Glazed Candied Yams Steamed Spinach AND Roasted Peppers Honeydew Skim Milk 1% Low-fat Milk Milk, Soy Plain	Mains: Turkey Burger Dinner Rolls White Beans Sides: Potato Salad Homemade Pickles Pineapple Skim Milk 1% Low-fat Milk Milk, Soy Plain	Mains: Chicken Salad WG Croutons Black Bean Salad Sides: Spring Mix Salad Cucumber & Tomatoes Cantaloupe Skim Milk 1% Low-fat Milk Milk, Soy Plain
Monday Jul 13	**Tuesday Jul 14**	**Wednesday Jul 15**	**Thursday Jul 16**	**Friday Jul 17**
Mains: Sweet Chili Chicken Vegetable Lo Mein w/ Eggs Tofu Teriyaki Sides: Sauteed Bok Choy Roasted Peppers Cut Orange Wedges Skim Milk 1% Low-fat Milk Milk, Soy Plain	Mains: Curry Chicken Seasoned Rice Tofu Adobo Sides: Steamed Carrots Steamed Cabbage Watermelon (0.5 cup) Skim Milk 1% Low-fat Milk Milk, Soy Plain	Mains: Vegetable Pasta Salad AND Shredded Cheddar Sides: Roasted Corn Roasted Cherry Tomatoes AND Roasted Green Peppers Honeydew Skim Milk 1% Low-fat Milk Milk, Soy Plain	Mains: Honey Mustard Chicken Seasoned Rice Tofu Teriyaki Sides: Green Beans Roasted Peppers Cantaloupe Skim Milk 1% Low-fat Milk Milk, Soy Plain	Mains: Beef Nachos WG Tortilla Chips Cheese Sauce Sweet Chili Tofu Sides: Red Kidney Beans Pico de Gallo Pineapple Skim Milk 1% Low-fat Milk Milk, Soy Plain
Monday Jul 20	**Tuesday Jul 21**	**Wednesday Jul 22**	**Thursday Jul 23**	**Friday Jul 24**
Mains: Cheese Pizza w/ Mozzarella Vegan Cheese Pizza Sides: Roasted Broccoli Roasted Peppers Cut Orange Wedges Skim Milk 1% Low-fat Milk Milk, Soy Plain	Mains: Jerk Chicken Rice & Peas Jerk Tofu (VG) Sides: Red Kidney Beans Steamed Cabbage Pineapple Skim Milk 1% Low-fat Milk Milk, Soy Plain	Mains: Beef Tacos Soft Flour Tortilla Ground Tofu (VG) Sides: Roasted Corn Roasted Zucchini Watermelon (0.5 cup) Skim Milk 1% Low-fat Milk Milk, Soy Plain	Mains: Cajun Pasta Grilled Chicken Cajun Pasta Sides: Baby Carrots Steamed Spinach Cantaloupe Skim Milk 1% Low-fat Milk Milk, Soy Plain	Mains: Chimichurri Chicken Wrap Veggie Wrap AND Hummus Sides: Sliced Cucumbers Roasted Green Peppers Honeydew Skim Milk 1% Low-fat Milk Milk, Soy Plain
Monday Jul 27	**Tuesday Jul 28**	**Wednesday Jul 29**	**Thursday Jul 30**	**Friday Jul 31**
Mains: Rasta Pasta Sides: Green Beans Roasted Peppers & Onions Apples Skim Milk 1% Low-fat Milk Milk, Soy Plain	Mains: Chicken Teriyaki Fried Rice Tofu Teriyaki Sides: Roasted Broccoli Ginger Carrots Banana Skim Milk 1% Low-fat Milk Milk, Soy Plain	Mains: Tuna Pasta Salad Crispy Tofu Vegetable Pasta Salad Sides: Sliced Cucumbers Carrot Stick Celery Sticks Cut Orange Wedges Skim Milk 1% Low-fat Milk Milk, Soy Plain Ranch	Mains: Mojo Chicken Lime Rice Crispy Tofu Vegetable Pasta Salad Sides: Black Beans Garden Salad Whole Pear Skim Milk 1% Low-fat Milk Milk, Soy Plain	Mains: Turkey Tetrazini WG Pasta Mushroom Tetrazini Sides: Roasted Cherry Tomatoes Green Peas Plums Skim Milk 1% Low-fat Milk Milk, Soy Plain

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