Social Justice
(New) Union Kitchen K-8

Mar 29 ->May 02

Monday Mar 30

Mains: Chex Cereal

Sides: Banana
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Tuesday Mar 31

Mains: Oatmeal Bars

Sides: Clementine
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Wednesday Apr 1

Mains: Cranberry Bread

Sides: Apples
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Thursday Apr 2

Mains: Honey Yogurt
Crunchy Granola WG

Sides: Cut Orange Wedges
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Friday Apr 3

Mains: WG Mini Bagel
Cream Cheese

Sides: Banana
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Monday Apr 6

Mains: Cereal, Cornflakes

Sides: Apples
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Tuesday Apr 7

Mains: Chocolate Chip Overnight Oats

Sides: Banana
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Wednesday Apr 8

Mains: WG Mini Bagel
Cream Cheese

Sides: Whole Pear
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Thursday Apr 9

Mains: Mango Crumble

Sides: Cut Orange Wedges
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Friday Apr 10

Mains: Brown Sugar Glazed English Muffin

Sides: Apples
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Monday Apr 13

No service

Tuesday Apr 14

No service

Wednesday Apr 15

No service

Thursday Apr 16

No service

Friday Apr 17

No service

Monday Apr 20

Mains: Whole Grain O's Cereal

Sides: Apples
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Tuesday Apr 21

Mains: Chocolate Chip Bread

Sides: Banana
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Wednesday Apr 22

Mains: Honey Yogurt
Crunchy Granola WG

Sides: Whole Pear
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Thursday Apr 23

Mains: WG Blueberry Muffins

Sides: Cut Orange Wedges
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Friday Apr 24

Mains: WG Mini Bagel
Cream Cheese
w/ Jelly

Sides: Banana
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Monday Apr 27

Mains: Toasted English Muffin

Sides: Cut Orange Wedges
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Tuesday Apr 28

Mains: Whole Grain O's Cereal

Sides: Banana
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Wednesday Apr 29

Mains: Chocolate Chip Bread

Sides: Whole Pear
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Thursday Apr 30

Mains: Whole Grain O's Cereal

Sides: Apples
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Friday May 1

Mains: Arroz con Leche

Sides: Banana
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

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Social Justice
(New) Union Kitchen K-8

Mar 29 ->May 02

Monday Mar 30

Mains: Baked Macaroni & Cheese

Sides: Roasted Cherry Tomatoes
Sauteed Green Beans
Honeydew
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Tuesday Mar 31

Mains: WG Pizza w/ Turkey Sausage
Cheese Pizza w/ Mozzarella

Sides: Potato Wedges
Roasted Peppers & Onions
Cantaloupe
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Wednesday Apr 1

Mains: Honey BBQ Chicken
WG Corn Bread
BBQ Tofu (VG)

Sides: Garden Salad
Cucumber & Tomatoes
Honeydew
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Thursday Apr 2

Mains: Spaghetti w/ Ground Beef
Cajun Tofu
WG Dirty Rice

Sides: Sauteed Green Beans
Steamed Carrots
Cantaloupe
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Friday Apr 3

Mains: Cajun Chicken
Seasoned Rice
Vegan Cheese Pasta (VG)

Sides: Red Beans
Roasted Peppers & Onions
Pineapple
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Monday Apr 6

Mains: Pizza Melt
Turkey Sausage
Vegan Cheese Pizza

Sides: Sweet Potato Wedges
Asparagus
Cantaloupe
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Tuesday Apr 7

Mains: Cheesy Broccoli Pasta Bake
Vegan Cheese Pasta (VG)

Sides: Roasted Broccoli
Roasted Cherry Tomatoes
Pineapple
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Wednesday Apr 8

Mains: Turkey Fajita Bowls
Crispy Tofu Fajita Bowl

Sides: Black Beans
Corn Salad
Honeydew
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Thursday Apr 9

Mains: Carne Guisada (Beef Stew)
Cilantro Rice
Stewed Beans

Sides: Green Peas
Roasted Potatoes
Cantaloupe
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Friday Apr 10

Mains: Lemon Pepper Chicken
Dinner Rolls
Lemon Pepper Tofu

Sides: Sauteed Green Beans
Roasted Peppers & Onions
Cut Orange Wedges
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Monday Apr 13

No service

Tuesday Apr 14

No service

Wednesday Apr 15

No service

Thursday Apr 16

No service

Friday Apr 17

No service

Monday Apr 20

Mains: Soy Ginger Chicken
Seasoned Rice
Soy Ginger Tofu

Sides: Roasted Carrots
Roasted Broccoli
Cut Orange Wedges
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Tuesday Apr 21

Mains: Cheese Pizza w/ Mozzarella
Vegan Cheese Pizza

Sides: Green Beans
Roasted Peppers & Onions
Strawberries
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Wednesday Apr 22

Mains: Roasted Chicken
Cilantro Rice
Crispy Tofu

Sides: Red Kidney Beans
Green Peas
Cantaloupe
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Thursday Apr 23

Mains: Three Bean Chili
WG Corn Bread

Sides: Roasted Corn
Stewed Tomatoes
Pineapple
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Friday Apr 24

Mains: Lasagna
Vegetarian Lasagna

Sides: Garden Salad
Sauteed Green Beans
Honeydew
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Monday Apr 27

Mains: Curry Stewed Lentil
Cous Cous

Sides: Sweet Potatoes
Roasted Peppers & Onions
Pineapple
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Tuesday Apr 28

Mains: Cheese Burger Sliders
Portobello Sliders

Sides: Potato Wedges
Sauteed Green Beans
Cantaloupe
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Wednesday Apr 29

Mains: Chipotle Chicken Salad
Soft Flour Tortilla
Chipotle Ground Tofu (VG)

Sides: Spring Mix Salad
Honeydew
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Thursday Apr 30

Mains: Marry Me Turkey Meatball
Seasoned Rice
Marry Me Tofu (VG)

Sides: Green Beans
Roasted Cherry Tomatoes
Cantaloupe
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

Friday May 1

Mains: Guava BBQ Chicken
Baked Macaroni & Cheese
BBQ Tofu (VG)

Sides: Black Beans
Steamed Cabbage
Cut Orange Wedges
1% Low-fat Milk
Skim Milk
Milk, Soy Plain

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Social Justice

(New) Union Kitchen K-8

Mar 29 ->May 02

Monday Mar 30	Tuesday Mar 31	Wednesday Apr 1	Thursday Apr 2	Friday Apr 3
Mains: Strawberries Graham Crackers	Mains: Hummus Pita Chips	Mains: Cinnamon Pita Cream Cheese	Mains: Graham Crackers Applesauce	Mains: Chicken Salad Oyster Crackers
Monday Apr 6	**Tuesday Apr 7**	**Wednesday Apr 8**	**Thursday Apr 9**	**Friday Apr 10**
Mains: Graham Crackers WOW Butter 1% Low-fat Milk Skim Milk	Mains: Goldfish Crackers Applesauce	Mains: Pita Chips Buffalo Chicken Dip 1% Low-fat Milk Skim Milk	Mains: Oyster Crackers Whole Pear	Mains: Blueberry Crumble 1% Low-fat Milk Skim Milk
Monday Apr 13	**Tuesday Apr 14**	**Wednesday Apr 15**	**Thursday Apr 16**	**Friday Apr 17**
No service	No service	No service	No service	No service
Monday Apr 20	**Tuesday Apr 21**	**Wednesday Apr 22**	**Thursday Apr 23**	**Friday Apr 24**
Mains: Graham Crackers Applesauce	Mains: Pizza Dippers Marinara Sauce 1% Low-fat Milk Skim Milk	Mains: Oyster Crackers Hummus 1% Low-fat Milk Skim Milk	Mains: Celery Sticks Carrot Sticks Ranch	Mains: Apples WOW Butter 1% Low-fat Milk Skim Milk
Monday Apr 27	**Tuesday Apr 28**	**Wednesday Apr 29**	**Thursday Apr 30**	**Friday May 1**
Mains: Oyster Crackers Sliced Cheddar Cheese	Mains: Celery Sticks Buffalo Chicken Dip 1% Low-fat Milk Skim Milk	Mains: Goldfish Crackers Apples	Mains: Trail Mix Banana	Mains: Carrot Sticks Ranch 1% Low-fat Milk Skim Milk

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